



## AHNS Cancer Prevention Service - Community Service Awards Reports from Past Award Recipients

### Head & Neck 5 K

*University of Florida College of Medicine*

The University of Florida Department of Otolaryngology utilized the AHNS grant to help fund our annual “Head and Neck 5k”. The goal of our event is to spread awareness of head and neck cancer, as well as raise funds for head and neck cancer research. We had over 100 people come to our event and 70 runners registered for our 5k! We also partnered with local community sponsors who donated proceeds our event to our head and neck cancer fund. A portion of the funds also went to painting a mural on a local mural wall in Gainesville, Florida, which not only spread awareness for our event but also for head and neck cancer month. Furthermore, we offered head and neck cancer screening for anybody at the event and provided sunscreen for participants! There were also head and neck cancer survivors who came to the event to show support and help spread awareness.



With the help of AHNS through their generous donation we were able to cover our various 5k expenses (Mural painting supplies, balloon arch, water, etc) and raised roughly \$5,000 for head and neck cancer research. This event also gave us the opportunity to connect with many local sponsors and form partnerships with many UF departments that will allow us to continue to grow this 5k and make it better every year. Our event was a success in large part because of AHNS grant money and we are immensely thankful for that.





## **Head & Neck Cancer Screening / Sunscreen Initiative**

*University of Miami Miller School of Medicine*

Our in-person oral head and neck cancer screening at the University of Miami Miller School of Medicine was a great success. Through the generous support of the American Head and Neck Society and their continuous sponsorship of community screening events, we were able to return to one of our previous sites, Camillus House Humanitarian Services, and established a new site at the IDEA Needle Exchange clinic. In total, we were



able to screen 51 patients for head and neck cancer and connect 17 individuals into the Jackson Health System for ENT related complaints. Patients were excited to see our providers in the community and many told us this was some of the only health related screenings they had received.

Our novel sunscreen initiative was a great success and featured custom fold-out labels attached containing 1) the basic parameters of a skin check, 2) warning signs to look for in moles using the ABCDE criteria, 3) a link and phone number to sign up for a “Jackson Card,” which provides free to low cost healthcare to low income and uninsured individuals, and 4) a QR code to access our videos created last year focusing on various head and neck cancers. With the support of the American Head and Neck Society, we were able to provide the necessary equipment for the screenings including new headlights, travel sized sunscreen, and disposable supplies for examination. Thank you again to AHNS for your continuous support of Oral Head and Neck Cancer Awareness Week and the University of Miami Miller School of Medicine.





## New York State Fair Head & Neck Cancer Screening SUNY Upstate

SUNY Upstate's Department of Otolaryngology used the AHNS Community Service Award to kickstart our pilot New York State Fair Head and Neck Cancer Screening. We were able to get the Upstate Foundation's Cancer Fund to join in supporting this project allowing for it to expand in size and scope. On August 27th, the department sponsored a large tent at the New York State Fair. Medical students, residents, attending physicians, and public health professionals attended to support the project that ran from 9 AM to 9 PM. We handed out educational materials on HPV vaccination and head and neck cancer. We gave fairgoers chapstick with SPF and ear plugs with an attached QR code to ENTHealth.org. Over 1,000 ear plugs were passed out and over 500 chapsticks were passed out. We conducted full head and neck cancer screenings to those interested throughout the day. Over 110 fairgoers were screened for head and neck cancer and 19 individuals were identified who required further follow up. The Community Service Award from the AHNS supported us by providing funding for the tent, the ear plugs, and screening materials like gloves and tongue depressors. The department was energized by the event and looks forward to making it an annual program that we grow each year. Attached are photos from the screening event and a link to the Upstate Online Newsletter about our efforts.

